



**Go Orange**  
FOR MUSCULAR DYSTROPHY



**3-9 JUNE 2024**

**What will you do?**

**We depend on our muscles to do the things we need and want: To walk, jump, eat, smile, cry. To breathe.**

## **OUR MUSCLES MATTER.**

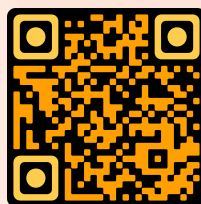
1,000 Tasmanians live with muscular dystrophy.

Living with a muscle-weakening condition is helped by regular therapy.

The money you raise will help fund a hydrotherapy pool in Launceston – a critical therapy for people with MD to maintain muscle strength, and flexibility and wellbeing.

**We should all have a chance to live a good life in Tasmania**

*To Help, Start Here →*



**Let's make a difference today**

### **A Tasmanian living with Inclusion Body Myositis:**

*“With IBM, a muscular nerve condition which has rendered me unable to walk, I would like to commend the MDT organisation here in Tasmania.*

*I live an isolated existence living with IBM, and any help and support, and friendship from MDT is much appreciated.”*



Go Orange for MD is an initiative of Muscular Dystrophy Tasmania (MDT)  
Contact the MDT State Coordinator for more information  
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