



3-9 JUNE 2024 What will you do?

We depend on our muscles to do the things we need and want: To walk, jump, eat, smile, cry. To breathe.

OUR MUSCLES MATTER.

1,000 Tasmanians live with muscular dystrophy.

Living with a muscle-weakening condition is helped by regular therapy.

The money you raise will help fund a hydrotherapy pool in Launceston - a critical therapy for people with MD to maintain muscle strength, and flexibility and wellbeing.

We should all have a chance to live a good life in Tasmania

To Help, Start Here →



Let's make a difference today

A Tasmanian living with **Inclusion Body Myositis:**

"With IBM, a muscular nerve condition which has rendered me unable to walk, I would like to commend the MDT organisation here in Tasmania. I live an isolated existence living with IBM, and any help and support, and friendship from MDT is much appreciated."





